

2018 GAP YEAR PROGRAM

Target: High School Leavers

Website: <http://www.akadeducationafrica.com/gap-year-2018.php>



1. Core training topics

No.	Session	Season 1: Topics
1	Thur 11 Jan 2018	Launch: 2018 Admissions & Scholarships Session to Top World Class Universities
2	Wed 17 Jan 2018	Personal Goal Setting: Vision, Mission, Goals, Purpose, Teambuilding & Introduction to Entrepreneurship
3	Tue 23 Jan 2018	Knowing Your Self/ Self Awareness, Psychometrics; Purpose & Teambuilding
4	Tue 30 Jan 2018	Confidence Building: Self Esteem & Assertiveness, Self Defense
5	Tue 6 Feb 2018	Confidence Building: Public Speaking, Communication & Presentation Skills
6	Tue 13 Feb 2018	Critical Thinking & Decision Making/ Understanding Consequences
7	Tue 20 Feb 2018	Negotiating Skills (PON, Harvard Law School)
8	Tue 27 Feb 2018	Managing Relationships, Peer Pressure & Sex & Sexuality
9	Tue 6 Mar 2018	Time & Stress Management: Career Planning, University Research & Applications
10	Tue 13 Mar 2018	Health Management: Personal Health, Substance Abuse, HIV AIDS
11	Tue 20 Mar 2018	Leadership Development; Theory & Practice
	Sessions	Season 2: Topics
	1 – 10: TBA	Tailor Made Based On Expressed Needs of Participants

Table 1: 2018 GAP Year Topics

The basic program has 3 ½ contact hours per Tuesdays session; 9:00am to 12:30pm; 10 sessions (35 Hours).

2. Session format outline

No.	Item	Leadership
1	Introductions	Mentor
2	Peer review of previous work & feedback	Students: Audit reviews by peers
3	Review of readings & discussions	Facilitated by Mentor with student participation
4	Student presentations & participation	Mentor
5	Discussion of day's topic	Mentor & Students presentation
6	Closing, Way forward, next readings	Mentor

Table 2: Core Session Formats

The flexible sessions above end with a 2 page, M&E essay within 48 Hours, beyond with a Ksh 500/- fee will be paid for essay analysis.

3. Field Activities

Field activities are carried out on a case by case basis, based on expressed interests of youth and continuous negotiation with collaborative partners. It is expected that we will have ONE Field Activity every week, total = 10 activities.

- a. Leadership Development – communication opportunities for public speaking at conferences, events, schools and & national media
- b. Further training & exposure with our collaborative partners that include, but not limited to;
 - i. Public Image – Mr. Derek Bbanga
 - ii. Security training – Self Defense
 - iii. Africa 2.0 – Mr. Teddy Warri
 - iv. Mo Ibrahim Foundation – through annual Africa wide events
- c. Community Development Activities
- d. Developing Solutions to problems as a result of community development activities
- e. Job shadowing of particular professionals at different professional & industrial locations
- f. Educational Tours – subject to funding; locally in Kenya, East African, Africa & the world
- g. Professional collaborative partner events such as in top local hotels
- h. Seminars & Conferences locally, regionally and internationally

Email, telephonic & SMS interaction with mentors during and in between Core & Field activities.



Contact US

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