



AKAD Education Group
32nd AKAD
Mentorship Seminar
 Mon 9th - Wed 11th December 2019
 Timetable v4



REGISTRATION: <https://akadeducationafrica.com/dec-2019-seminar.php>



Christie Weche



Newman Kimuhu



Jennifer Musyoki



James Riugu



Graca Amukowa

Time Activity Team Leaders

8:00am - 5:00pm
Future Leaders Day: Sat 30th November 2019 (Pre-registered youth only)
 Future Leaders 5 with Dr. Vimal Shah & BIDCO Management in Thika



DAY ONE : Mon 9th December 2019 (casual wear, sports shoes or kit)

Time	Activity	Team Leaders
7:30am - 8:00am	Late Registration	
8:00am - 9:00am	Session 1: Ice Breakers: Experiential Learning, Critical Thinking & Problem Solving	Akad Peer Mentors, Graca Amukowa
9:00am - 9:30am	Session 2: Capture Participant Expectations	Rev. Dr. Julius Weche
9:30am - 10:30am	Session 3: Why & How Mentorship? Peer Success Testimonials, Profiles	Alliance High School - Akad Peer Mentors
10:30am - 11:00am	Tea Break	
11:00am - 12:30pm	Session 4: Confidence Building Practicals; Profiles, Elevator Speech	Rev. Dr. Julius Weche
12:30pm - 1:30pm	Lunch	
1:30pm - 2:00pm	Session 5: Teambuilding & Experiential Learning; Critical Thinking, Problem Solving	Graca Amukowa - Akima School
2:00pm - 3:00pm	Session 6: Creativity, Innovation & Solutions; Case of Leangap USA	Christie Weche, LCVR & Leangap 2018
3:00pm - 4:00pm	Session 7: Basic Self Defense Skills	Sensei David Mulwa - Vision Plaza
4:00pm - 4:30pm	Session 8: M&E, Q & A Panel	TBA
4:30pm - 5:00pm	Departure & Networking	Individuals

DAY TWO: Tue 10th December 2019

Time	Activity	Team Leaders
7:30am - 8:00am	Late Registration	
8:00am - 9:00am	Session 1: Ice Breakers; Experiential Learning, Self Confidence	Graca Amukowa - Akima School
9:00am - 10:30am	Session 2: Insight Solutions for Success	Rev Beatrice Ochieng - Insight Group Africa
10:30am - 11:00am	Tea Break	
11:00am - 12:30pm	Session 3: Introduction to Negotiation Theory (Multiple Party) & Role Play	Rev. Dr. Julius Weche - AKAD
12:30pm - 1:30pm	Lunch	
1:30pm - 3:00pm	Session 4: Women in Engineering; pressing past yourself, environment, enemies	Jennifer Musyoki - Authentic Living Int.
3:00pm - 4:30pm	Session 5: Careers Panel:	Alex Mbugua, Tony Maleche
4:30pm	Session 6: Networking & Departure	Individuals

DAY THREE: Wed 11th December 2019

Time	Activity	Team Leaders
7:30am - 8:00am	Late Registration	
8:00am - 9:00am	Session 1: Icebreakers; Critical Thinking & Problem Solving	Graca Amukowa - Akima School
9:00am - 10:30am	Session 2: Lifeskills for Successfully Studying, Working & Living Abroad	Agiso Odhuno
10:30am - 11:00am	Tea Break	
11:00am - 12:30pm	Session 3: Emotional Intelligence, Mental Health & Managing Difficult Conversations	Rev. Dr. Julius Weche - AKAD
12:30pm - 1:30pm	Lunch	
1:30pm - 2:00pm	Session 4: Teambuilding & Experiential Learning; Critical Thinking, Problem Solving	Graca Amukowa - Akima School
2:00pm - 3:00pm	Session 5: Vision for Success: Psychometrics: MBTI for Careers (cont.) & Exam Stress	Rev. Dr. Julius Weche - AKAD
3:00pm - 4:00pm	Session 6: TBA	TBA
4:00pm - 5:00pm	Session 7: M&E, Q&A, Close & Departure	TBA

FIELD TRIP DAY FOUR: Friday 13th December 2019 (Pre Registered youth only)

Time	Activity	Team Leaders
9:00am - 12:30am	Davis & Shirtliff - for first 25 registered students only; 3 hour filed trip	Davis & Shirtliff Premises, Dundori Rd, Nairobi

Registration & information Website

<https://akadeducationafrica.com/dec-2019-seminar.php>
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