

# **41b AKAD SEMINAR**

MOW Sports Club, South C, Nairobi

Mon 9th - 11th Dec 2024 Draft Timetable v6

Activity Time

#### **DAY ONE: Mon 9th December 2024**

8:00am - 9:00am	T1, T6	Session 1: Ice Breakers: Experiential Learning, Critical Thinking & Problem Solving - David Mungai, ANGAZA
9:00am – 9:15am		Session 2: Introductions, Why Mentoring?
9:15am – 9:30am	T 1	Capturing & Setting expectations, Mentoring Testimonial
9:30am – 10:30am	T 1	Session 3: Self introductions, Confidence Building Skills - Profiles, Elevator Pitch
10:30am – 11:00am		Tea Break
11:00am - 12:30pm	T 1	Session 4: Confidence Building: Profiles, Self Introduction, Elevator Pitch, Public Speaking
12:30pm - 1:30pm		Lunch
1:30pm - 4:00pm	T 2	Session 5: Why Mentorship & Strategy? Peer Success Testimonials
4:00 pm - 4:30pm	T 3, 12	Session 6: Critical Thinking & Problem Solving
4:30pm - 5:00pm		Tea Break

## DAY TWO: Tue 10th December 2024

8:00am – 9:00am 9:00am – 10:30am	T 3 T 2	Session 1: Ice Breakers: Experiential Learning, Critical Thinking & Problem Solving - David Mungai, ANGAZA Session 2: Understanding yourself, Branding
10:30am - 11:00am		Tea Break
11:00am - 12:30pm	T 13	Session 3: Emotional Intelligence & Academic Success
12:30pm - 1:30pm		Lunch
1:30pm - 3:30pm	Т9	Session 4: Group Work: Social Impact; Ideation, Problems Solving, Concept Notes, Entrepreneurship
3:30pm - 4:00pm	T 7	Session 5: Study & Success Principles
		NB: Homework includes reading the Negotiation Role Play for tomorrow session

## **DAY THREE: Wed 11th December 2024**

8:00am - 9:00am	T 12	Session 1: Ice Breakers: Experiential Learning, Critical Thinking & Problem Solving - David Mungai, ANGAZA
9:00am - 9:45am	T 4	Session 2: Social Impact, Value Addition, Admissions & Scholarships
9:45am - 10:30am	T 4	Session 3: Communication
10:30am – 11:00am		Tea Break
11:00am – 12:30pm	T 5, 11	Session 4: Negotiation Role Play
12:30pm - 1:30pm		Lunch
1:30pm - 3:00pm	T 8	Session 5: Leadership: Case Study of Dubai, UAE & Gen Z in Kenya
3:00pm - 4:00pm	T 10	Session 6: Way Forward, Evaluation, Future Actions, Mentoring & Accountability Networks
4:00 pm - 4:30pm		Session 7: Closing Remarks
4:30pm - 5:00pm		Tea Break & Departure

#### DAY FOUR: TBA

T 12 Practical day of CSR activity in Mathare: Subject to confirmation





KEY: Code of the "T" numbers (Based on Gap Year Season 1 topics)



- Understanding self: Profile Writing & presentation; Elevator Pitch
- Branding; knowing & understanding self, "I am African"
- Critical Thinking & Problem Solving
- Communication: Essays Writing Skills Negotiation; Single & Multiple Party
- Public Speaking & Confidence Building
- Study & Success Principles; Paradigms, Beliefs & Attitudes
- Leadership Growth & Development
- Ideation: Concept Notes, Problem solving, solutions & entrepreneurship
- Ideation: Concep
  Leadership Skills
- 11. Job Readiness: CV, Interview & Job Ready Skills
- 12. Social Impact & Value Addition
- 13. Emotional Intelligence

