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REVIEW ON SECOND DAY OF AKAD ENGINEERING MENTORSHIP PROGRAM

The theme of this week's program held at the Kenya Power Training College from the 5th of December, 2017 to the 9th of December, 2017 has been engineering. It has brought together young people with an interest in pursuing any form of engineering as career path and has given them an opportunity to interact with actual engineers and lecturers at the college experienced in their fields. This has thus far equipped us as young people who simply **said** they want to be engineers with the knowledge to make informed decisions on the sort of path they would wish to take.



Mentees doing team building exercises

The day began with interesting team building activities guided by Bonniface Omina, a member of the team and veteran AKAD mentee that aimed to enhance communication and discerning skills between us where we started off working as a team trying trying to relay a message then went on to trying to figure out the message being relayed up as a team. We then had a brief introductory session with Rosemary Wambui introducing herself. Where she told us about the various aspects of herself, the **multiple areas** and sectors she has

worked in (allowing her to effectively mentor) and the crucial work she does in the AKAD team to ensure that we, the mentees, get the best out of our time at AKAD. We were able to see commitment to the cause clearly in her something that I have picked and will try to always apply in all projects I engage in.



Mentees Negotiate

Rev. Dr. Julius Weche then took us through three sessions, the first in putting value to your time where he got Bonniface to tell us about the various ways in which he's been able to do this even as a **Form 3 student**. We then went through a session on profile writing and finally he gave us a first-class session on negotiation, its various forms, creating neutral ground and its application in our world today and in the future.



Ms. Rosemary Wambui speaks to mentees

After a short break for lunch we proceeded with a tour of the college's electrical system led once again by the electrical engineering lecturer at the university. During this tour we had an opportunity to see how the power travels round the school and the various devices involved in relaying electrical energy to various departments. From this we learnt about where the perils lie and where you don't need to worry. He gave us in-depth knowledge on the inner workings of the entire system.

Today's sessions have been insightful as well as exciting with most of us getting imparted with new knowledge and seeing the world in new light. This new information, especially on negotiation, has allowed me to clearly see how complicated and technical something often considered simple and commonplace can be and will greatly aid in coming situations that will require the same. I have also learnt a great deal about how to navigate the tricky path that is life especially when it comes to critically analyzing a bargaining situation.

The facilitation throughout the day has been quite good with good food and relatively good coordination being provided. The team in-charge has done quite well as whole in giving us a worthwhile and engaging experience today. The sessions were extremely insightful and I thank Dr. Weche and his team for the opportunity to take part in this great venture that left all of us smiling in the end.