



34/35th AKAD



Mentorship Seminar

Location: MOW Sports Club, South C, Nairobi
 Tue 22 - Thur 24th August 2023
 Timetable v6



Killu Nduhiu
 Kenyatta University



Aida Mutheu
 Near East University - Northern Campus, Cyprus



Mercylyn Irungu
 University of Embu



James Ruigu
 JKUAT University

| Time | Activity | Team Leaders |
|--|---|--|
| DAY ONE : Tue 22nd August 2023 (casual wear, sports shoes or kit) | | |
| <i>Late Registration</i> | | |
| 8:00am – 9:00am | Ice Breakers: Experiential Learning, Critical Thinking & Problem Solving | Angaza Team |
| 9:00am – 9:30am | 1: Why Youth Leadership Mentoring? Peer Success Testimonials | Aida, Killu, James, Mercylyn, Ian Kivite |
| 10:30am – 11:00am | Tea Break | |
| 11:00am – 12:30pm | 2: Knowing & understanding self, talents, gifts, abilities | James Ruigu |
| | 3. Personal Branding: Profile Writing, Presentation; Elevator Pitch | Killu Nduhiu |
| 12:30pm – 1:30pm | Lunch | |
| 1:30pm – 3:00pm | 4. Confidence building & Public Speaking, Essay Writing | Julius Weche |
| 3:00pm - 4:00pm | TBA | |
| | Departure & Networking | |
| DAY TWO: Wed 23rd August 2023 | | |
| <i>Late Registration</i> | | |
| 8:00am – 9:00am | Ice Breakers; Experiential Learning, Self Confidence | Angaza Team |
| 9:00am - 10:30am | 5. Critical Thinking & Problem Solving (Academics, Internships, Career Success) | Mercylyn Irungu |
| | 6. Entrepreneurship: Ideation, Solutions - Dubai Case Study | Julius Weche |
| 10:30am – 11:00am | Tea Break | |
| 11:00am - 12:30pm | 7: Negotiation Theory & Role Play | Julius Weche |
| 12:30pm – 1:30pm | Lunch | |
| 1:30pm – 3:00pm | TBA | |
| 3:00pm - 4:00pm | 8. Careers - Psychology, Piloting, Law, Nursing, Medicine, Business | Ian Kivite Musyoka, Mercylyn, Aida |
| 4:30pm | Networking & Departure | |
| DAY THREE: Thur 24th August 2023 | | |
| <i>Late Registration</i> | | |
| 8:00am - 9:00am | Icebreakers; Experiential Learning; Critical Thinking & Problem Solving | Angaza Team |
| 9:00am - 10:00am | 5b: Critical Thinking & Problem Solving: Due Diligence in Decision Making | Anne Njoroge |
| 10:00-10:30am | TBA | |
| 10:30am - 11:00am | Tea Break | |
| | 9: Leadership, Growth & Development | Mercylyn Irungu |
| 11:00am – 12:30pm | 10: Emotional Intelligence & Managing Difficult Conversations | Julius Weche |
| | 10 b: Emotional Intelligence - Mental Health Management | Aida Mutheu |
| 12:30pm – 1:30pm | Lunch | |
| 1:30pm - 3:00pm | 11. Success Principles; Paradigms, Beliefs, Attitudes & Exam Success | Julius Weche |
| 3:30pm - 4:00pm | 12. Job Readiness: CV, Interview & Job Ready Skills* | Sifa Wainaina |
| 4:00pm – 5:00pm | M&E, Q&A, Close & Departure | TBA |



Website & Registration

<https://akadeducationafrica.com/34th-akad-seminar-august-2023.php>