



智梦教育咨询集团

P. O. Box 47100-00100
Nairobi, Kenya

"Akad Africa"

Skype: akad.africa

Tel: + 254 720 743 674

info@akadeducationafrica.com

www.akadeducationafrica.com

21st November 2018

Mentorship Seminar Timetable, CITAM Embakasi Dec 2018 v9

DAY ONE : Tue 4th December	
7:30am – 8:00am	Late Registration
8:00am – 9:00am	Session 1: Ice Breakers: Experiential Learning, Self Confidence, Critical Thinking
9:00am – 9:15am	Session 2: Word From the Pastors
9:15am – 9:30am	Session 3: Capture Expectations
9:30am – 10:00am	Session 4: Introduction to AKAD: Success Testimonials by Peer Mentors
10:00am - 10:30am	Session 5: Value & impact of Academic Success Strategies – Case study of Mentorship
10:30am – 11:00am	Tea Break
11:00am – 12:20pm	Session 6: Lifeskills 1: Psychometrics – MBTI for careers
12:30pm – 1:30pm	Lunch
1:30pm – 2:00pm	Session 7: Teambuilding & Experiential Learning; Critical Thinking, Problem Solving
2:00 pm - 3:00pm	Session 8: Lifeskills 2 Workshop: Confidence Building: Profiles & Self Introduction
3:00pm - 4:30pm	Session 9: Aviation as a career: Piloting & Engineering - Kenya Aeronautical College
4:30pm - 5:00pm	Session 10: M&E, Questions & Answers, Registration for UN HQ Tour on Friday
DAY TWO: Wed 5th December	
7:30am – 8:00am	Late Registration
8:00am – 9:00am	Session 1: Ice Breakers; Experiential Learning, Self Confidence
9:00am - 9:15am	Session 2: Word from the Pastors
9:15am – 10:30am	Session 3: Lifeskills 5: Study Techniques for Academic Success
10:30am – 11:00am	Tea Break
11:00am - 11:30pm	Session 4: Lifeskills 3: Introduction to Negotiation Theory (Single Party)

11:30am - 12:30am	Session 5: Branding & Social Influence: Media Careers
12:30pm – 1:30pm	Lunch
1:30pm – 2:30pm	Session 6: Lifeskills 4 : Basics of Self Defense
2:30pm – 3:30pm	Session 7: Lifeskills 5: Critical Thinking & Problem Solving in Entrepreneurship
	Creativity, originality & Initiative
3:30pm - 4:00pm	Session 8: Lifeskills 3: Negotiation Role Play: Emotional Intelligence
4:00pm - 5:00pm	Session 9: Career Session: Law as a career
	DAY THREE: Thur 6th December
7:30am – 8:00am	Late Registration
8:00am - 9:00am	Session 1: Icebreakers
9:00am - 9:15am	Session 2: Word from the Pastors
9:15am – 10:30am	Session 3: Lifeskills 6: Study Techniques for Academic Success 2
10:30am - 11:00am	Tea Break
11:00pm – 12:30pm	Session 4: Lifeskills 7: Managing Examination Stress; Physiology & Psychology
12:30pm – 1:30pm	Lunch
1:30pm - 2:00pm	Session 5: Teambuilding
2:00pm - 3:30pm	Session 6: Workshop: Leadership & Social Influence - Public Speaking
3:30pm – 4:30pm	Session 7: Parents: Career Session
4:30pm – 5:00pm	Session 8: Monitoring & Evaluation, Question & Answers, Official Close
	DAY FOUR: Friday 7th December (Bonus Session; Pre Registered youth only)
7:15am	Departure to UN HQ, Gigiri, Nairobi - Use of independent transport
8:30am	Arrival & Registration at UN HQ, Gigiri
9:30am - 11:30am	Tour of UN HQ: Introduction to 40 UN Agencies
11:30am - 12:30am	Debriefing on value addition to youth
12:30pm	Departure from UN HQ, Gigiri - Use of independent transport

*Items above are subject to revision and improvement.