To be honest I have learnt many great things from participating in the mentorship conversation today. I must admit that my sole purpose today was just to come and see the Harvard student. Little did I know that I would gain a lot of knowledge from just showing up and being present but quite frankly I'm glad I did.

Having all of those amazing speakers Ernest Ochieng, Mr Mugo. Professor and Dr Weche has changed my entire outlook and attitude towards life. I must say before Professor addressed us as young leaders I had honestly never considered myself as one.

I was shy, had fairly low self-esteem and turned away from seemingly impossible challenges. I being shy was to the point of not being able to ask my teacher a question in class but literally telling my desk mate to ask the question on my behalf.

Today when Ernest chose me to make the 30 second speech I was quite perplexed. 'This was not part of my plan when I came here' I thought. But immediately I heard what everyone was saying about themselves and knowing their worth was when I decided. I decided to let my voice be heard, I decided to unleash whatever potential I had in me if at all I had any. Surprising myself, when speaking my voice did not waiver. To others it may not have been such a big deal to speak in front of people but believe it or not, to be I had made one amazing step in life.

You stated today that the journey of one thousand miles begins with one step and to me that was my first step. I let my voice be heard. I didn't try to impress anyone or live up to the standards of everyone else but I was myself and for that I am proud of myself.

When Ernest asked me whether I did nothing in the span of the twenty four hours I have each day it got me thinking. It made me realise that I wanted to do something for myself. It may not be designing a software or writing a math book but I still want to achieve something in life that may be an impact to someone else in the world tomorrow.

I must say, listening to other people my age speak of great things amazed me. I now believe it's possible. I now that age is not a barrier but rather an excuse people use so that they may procrastinate. Before today I must reveal is that I had mastered the art of procrastinating.

I don't procrastinate because I am lazy but truth is, I was afraid of failure. I would usually only procrastinate when I was not prepared for a particular task meaning I was afraid of the possibility of failing in the task. But today I learnt that only by making mistakes do we learn. When you stated that Harvard Business asks students what have they ever failed in, I was glad,

I was not glad because I am proud or anything of the sort because I now know that failure is part of life and that each and every person is bound to fail one way or another in life and I am not alone. Today you have taught me what it is to succeed. So from today if I fail it doesn't matter who may mock or ridicule me, I'll just try again and do much better. I realise that it is necessary to risk failure in order to gain success. Now I welcome the challenge, whether I succeed or fail is irrelevant, it is only important that I have tried and tested myself.