



23rd AKAD Careers Seminar Strategy & Sports Excellence

Tue 18 – Fri 21st April 2017,
Timetable v16

<http://www.akadeducationafrica.com/April-2017-Holiday-Seminar.php>



Day	Time	Activity	Team Leader	
Day 1: Tue 18th	7:30am – 8:15am	Late Registration, Networking	Christie Weche	
	8:15am – 8:45am	Session 1: Setting Expectations; Participant expectations	Rev. Dr. J. Weche	
	8:45am – 9:45am	Session 2: Ice Breakers & Experiential Learning 1	Boniface Omina	
	9:45am – 10:00am	Session 3: Introduction to AKAD	Akad Mentee Volunteers	
	10:00am – 10:30am	Tea Break 1	MOW Sports Club	
	10:30am – 11:30am	Session 4: Leadership Testimonials Value of Strategic Mentorship	Edwin Oyamo, Mary Mwangi, Ted Apamo, Marvin Osolo, Mike Farad	
	11:30am – 12:30pm	Session 5: Strategy for Success: Vision, Mission, Goals	Dr. J. Weche	
	12:30pm – 1:30pm	Lunch 1	MOW Sports Club	
	1:30pm – 3:00pm	Session 6: Strategic Preparation for success Case Study: Whitman College,	Margaret Karaba – Whiteman College	
	3:00pm – 4:00pm	Session 7: Overcoming Fear, Strategy in action	Gap Year 2017 Mentorship	
	4:00pm – 4:30pm	Session 8: Debriefing: Leadership Development Directing, Coaching, Supporting & Delegation	Boniface Omina	
	4:30pm	Tea, Discussions & Departure	Edwin Oyamo	
	Day 2: Wed 19th	7:30am – 8:00am	Late Registration	Christie Weche
8:00am – 9:00am		Session 1: Experiential Training 2; Critical Thinking & Problem Solving	Boniface Omina	
9:00am – 10:00am		Session 2: Foreign Languages: Introduction to Chinese	Virginia Kimani	
10:00am – 10:30am		Session 3: Admission to Ivy League Universities. Case study: Columbia University	Madeleine Mateli – Columbia Univ	
10:30am – 11:00am		Tea Break 2	MOW Sports Club	
10:30am – 11:15am		Session 4: SWOT: Weaknesses & Threats Overcoming Trauma, Managing Depression	TBA	
11:15am – 12:30pm		Session 5: Sociology: Human Psychology: Behaviour & Attitude Modification	Rosemary Wambui	
12:30pm – 1:30pm		Lunch 2	MOW Sports Club	
1:30pm – 2:30pm		Session 6: Mediating & Peace Building	Rev. Dr. J. Weche	
2:30pm – 4:30pm		Session 7: Experiential Training 3 : Leadership & Teambuilding Swimming Pool based training (Swimming is required)	Marvin Osolo	
4:30pm		Tea, Discussion & Departure	Mike Farad	
Day 3: Thur 20th		7:30am – 8:00am	Late Registration	Christie Weche
		8:00am – 8:30am	Session 1: Self Confidence: Vision & Mission	Rev. Dr. J. Weche
	8:30am – 10:30am	Session 2: Self Confidence: Public Speaking – Recording part 1	Mary Mwangi	
	10:00am – 10:30am	Tea Break 3	MOW Sports Club	
	10:30am – 12:30pm	Session 3: Self Confidence & Fun: Basketball	Coach Ken	
	12:30pm – 1:30pm	Lunch 3	MOW Sports Club	
	1:30pm – 2:30pm	Session 4: Admission to Ivy League Universities: Yale University	Don Murori – Yale University	
	2:30pm – 3:30pm	Session 5: Public Speaking	Eric Kimonyi - TUK	
	3:30pm – 4:30pm	Session 6: Public Speaking Practical	Dr. J. Weche	
	4:30pm	End of Training: Tea & Departure	Marvin Osolo	
	Day 4: Fri 21st	8:00am – 9:00am	Session 1: Academic & Career Success Strategies How to maximise your learning: GMAT – Critical Thinking, Reasoning (Quantitative, verbal & integrative), Analytical writing	Dr J. Weche
		9:00am – 10:30am	Session 2: Sports Case Study: Squash	Dr. J. Weche
		10:30am – 11:00am	Tea Break 4	MOW Sports Club
11:00am – 11:45am		Session 3: Co- Curricular Opportunities for Success: Leveraging non-academic passion for profit	Rosemary Wambui	
11:14am – 12:30pm		Session 4: Soccer Case Study – Timon Wanyonyi	Timon Wanyonyi	
12:30pm – 1:30pm		Lunch 4	MOW Sports Club	
1:30pm – 4:00pm		Session 4: Admission to African Ivy League Universities African Leadership University	Francis Wahome - ALU	
4:00pm – 4:30pm		Session 5: Q & A, M&E, Wrap up	Ted Apamo	
4:30pm – 5:00pm		Tea, Discussion Groups, End of Day & Departure	MOW Sports Club	

*Kindly ensure that participants were appropriate sportswear; clothes, shoes and swimming costume