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AKAD education was organized at BIDCO company on 19<sup>th</sup> June 2018 in Thika. It was of great help that equipped me with various life skills which will impact my life positively. I met new people who truly opened my mind and made me view things at a different angle unlike before.

Learnt about emotional intelligence from Mrs. Nyawira which was a new experience to me of which I did not have a hint about the tactics of being emotional intelligent, got to know various ways of communication, how to learn others' emotions as well as to control my emotions, I truly owe this to Mrs. Nyawira.

Mr. Ernest Omondi was my hero of the day, his determination, hard work and good decision making really inspired me and through him, I gained great confidence in myself of not only working hard but also having that zeal of joining Harvard University which has now become my dream university. His emphasis on being persistence for what you want and one ought to embrace failure really inspired me.



Meeting Ernest was like a dream come true because I have always dreamt of meeting those guys who schooled at the best universities in the world and at least get to know how it feels and what it takes to be there.

Mr. TRM, despite his age is actually the most knowledgeable and wise man have ever met. His self confidence, wise saying and advice that he offered, I considered it enough to succeed in life, if only adhered to. He is a man of great plan and view things at a bigger angle unlike most of us, Africans, hence pull our economy down. If it was possible for all Kenyans to meet Mr. TRM and have a chat with him, he could have opened the minds of great number of Kenyans.

Mrs. Nyawira led the Topic about depression equipped me with skills of various ways of reducing stress and feeling low which has been a bigger problem to me. I learnt the act of rushing into unwise decisions when I am depressed might be disadvantageous to me and instead create more problems.

Doctor Weche made me realize that the people close to me might be of great impact in my life as far as success is concerned and I should make good partnership with them and grasp ideas from them. I learnt



that an attempt of knowing someone's name which might seem a small issue is actually a big deal because the person might be of great impact in one's life.

I was equipped with knowledge on Accounting conducted by Madam Scola Kayugira. To always have goals and objectives before aspiring to attempt something in life and I should not only aspire to make a living but to make a difference and never burn my bridges.

The owner of BIDCO Doctor Vilma Shah made me realize that everything that seems impossible is possible if only you have a positive mindset and really need what you keep on dreaming of. Meeting such a person ; a great person, a famous person and a rich person is actually a great achievement for me because his time that he sacrificed to advice us and try to build us is really precious as far as his plans are concerned.



A single word, BUILD had a great impact in my life which means, Believing in myself, Understand, Inventing, Listen and Deliver taught by Josphat. Through him I learnt that I should utilize all the resources around me, and take advantage of people who can help me achieve my dreams and try to solve a problem and come up with opportunities, present it to people and accept others opinions.

On the Questions and Answer session, on entrepreneurship I learnt that experience counts only when it is brought into action and if you can add value then your experience counts. Learnt that doing the best that one could do can make one be remembered and aim of learning is changing and that leading the change is the source of remembrance led by a group of expertise.

AKAD education opened my mind, made me become a critical thinker, equipped me with knowledge about emotions, made me become a wise decision maker, improved my confidence and self esteem, improved my planning skills, helped me in setting my goals, managing my time well, having passion in what I do and above all, ways of calming down when I am depressed. All these acquired skills am going to apply them in school and our home area [mathare north area 3] which will certainly improve lives of many people.

Truly I enjoyed the program and I am looking forward to attend other programs organized my AKAD and soon being a member.